



# Hicham EL GUERROUJ

1992

5.000 13:46.79

1994

1.500	3:43.54	3	Boundoufle, <i>Franc G</i>	12 Jul
1.500	3:33.61	3	Nice, <i>Nik/GP</i>	18 Jul
Mile	3:53.71	8	Oslo, <i>Bisl/GP</i>	22 Jul
1.500	3:38.39	13	Berlin, <i>ISTAF/GP</i>	30 Aug

1995

800	1:47.18	3	Torino	02 Jun
1.500	3:34.28	1	Hengelo, <i>APM</i>	05 Jun

1.500	3:33.78	1	Duisburg	18 Jun
1.500	3:33.88	3	Lausanne, <i>Athl/GP</i>	05 Jul
1.000	2:16.85	6	Nice, <i>Nik/GP</i>	12 Jul
1.500	3:31.53	2	Oslo, <i>Bisl/GP</i>	21 Jul
1.500	3:38.93	1 h4	Göteborg, <i>WCh</i>	10 Aug
1.500	3:37.47	1 s2	Göteborg, <i>WCh</i>	11 Aug
1.500	3:35.28	2	Göteborg, <i>WCh</i>	13 Aug
Mile	3:48.69	2	Zürich, <i>WK/GP</i>	16 Aug
1.500	3:32.13 +	2	Zürich, <i>WK/GP</i>	16 Aug
1.500	3:31.16	1	Köln, <i>ASV</i>	18 Aug

## 1996

1.500	3:32.94	1	Sevilla, <i>GDP/gp</i>	06 Jun
1.500	3:33.89	1	Duisburg	12 Jun
1.500	3:31.61	1	Hechtel	06 Jul
1.500	3:29.59	1	Stockholm, <i>DNG/GP</i>	08 Jul
1.500	3:30.61	1	Nice, <i>Nik/GP</i>	10 Jul
1.500	3:37.66	1 h4	Atlanta, <i>OG</i>	29 Jul
1.500	3:35.29	1 s2	Atlanta, <i>OG</i>	01 Aug
1.500	3:40.78	12	Atlanta, <i>OG</i>	03 Aug
1.500	3:30.22	1	Zürich, <i>WK/GP</i>	14 Aug
1.500	3:33.45	1	Köln, <i>ASV</i>	16 Aug
1.500	3:29.05	1	Bruxelles, <i>VD/GP</i>	23 Aug
1.500	3:38.80	1	Milano, <i>GPF</i>	07 Sep
1.500	3:34.38	1	Sarajevo	09 Sep
1.500	3:33.51	1	Torino	14 Sep

## 1997

1.500	3:31.18 i	1	Stuttgart	02 Feb
Mile	3:48.45 i	1	Gent	12 Feb
1.500	3:33.0 i +	1	Gent	12 Feb
1.500	3:40.18 i	1 h1	Paris, <i>WiCh</i>	07 Mar
1.500	3:35.31 i	1	Paris, <i>WiCh</i>	08 Mar
1.500	3:29.51	1	Hengelo, <i>APM/gp</i>	31 May
1.500	3:31.76	1	Saint Denis, <i>l'Hum/gp</i>	02 Jun
1.500	3:30.59	1	Roma, <i>G.Gala/GP</i>	05 Jun

1.500	3:31.87	1	Paris, <i>Gaz/GP</i>	25 Jun
Mile	3:44.90	1	Oslo, <i>Bisl/GP</i>	04 Jul
1.500	3:29.72 +	1	Oslo, <i>Bisl/GP</i>	04 Jul
1.500	3:29.30	1	Stockholm, <i>DNG/GP</i>	07 Jul
1.500	3:30.32	1	Nice, <i>Nik/GP</i>	16 Jul
1.500	3:37.72	1 h4	Athinai, <i>WCh</i>	03 Aug
1.500	3:38.92	1 s1	Athinai, <i>WCh</i>	04 Aug
1.500	3:35.83	1	Athinai, <i>WCh</i>	06 Aug
1.500	3:28.91	1	Zürich, <i>WK/GP</i>	13 Aug
1.500	3:28.92	1	Bruxelles, <i>VD/GP</i>	22 Aug
Mile	3:45.64	1	Berlin, <i>ISTAF/GP</i>	26 Aug
Mile	4:04.55	2	Fukuoka, <i>GPF</i>	13 Sep
1.500	3:50.11 +	2	Fukuoka, <i>GPF</i>	13 Sep

## 1998

1.500	3:32.01 i	1	Lievin	22 Feb
1.000	2:20.11 i +	1	Lievin	22 Feb
1.500	3:31.19	1	Hengelo, <i>APM/gp</i>	01 Jun
1.500	3:32.34	1	Saint Denis, <i>l'Hum/gp</i>	04 Jun
1.500	3:29.12	1	Oslo, <i>Bisl/GL</i>	09 Jul
1.500	3:26.00	1	Roma, <i>G.Gala/GL</i>	14 Jul
1.000	2:18.8 +	1	Roma, <i>G.Gala/GL</i>	14 Jul
Mile	3:44.60	1	Nice, <i>Nik/GP</i>	16 Jul
1.500	3:29.7 +	1	Nice, <i>Nik/GP</i>	16 Jul
2.000	4:48.36	1	Gateshead, <i>Bupa/gp</i>	19 Jul
Mile	3:49.01	1	Paris, <i>Gaz/GP</i>	29 Jul
1.500	3:32.9 +	1	Paris, <i>Gaz/GP</i>	29 Jul
1.500	3:28.37	1	Monaco, <i>Her/GL</i>	08 Aug
1.500	3:26.45	1	Zürich, <i>WK/GL</i>	12 Aug
1.500	3:29.67	1	Bruxelles, <i>VD/GL</i>	28 Aug
1.500	3:30.23	1	Berlin, <i>ISTAF/GL</i>	01 Sep
1.500	3:32.03	1	Moskva, <i>GPF</i>	05 Sep

**WR**

## 1999

1.500	3:31.34	1	Milano, <i>Nott</i>	09 Jun
1.500	3:32.40	1	Nürberg, <i>Live</i>	13 Jun

Mile	3:43.13	1	Roma, <i>G.Gala/GL</i>	07 Jul	<b>WR</b>
1.500	3:28.21 +	1	Roma, <i>G.Gala/GL</i>	07 Jul	
Mile	3:47.10	1	London, <i>Brit/GP</i>	07 Aug	
1.500	3:31.3 +	1	London, <i>Brit/GP</i>	07 Aug	
1.500	3:28.57	1	Zürich, <i>WK/GL</i>	11 Aug	
1.500	3:35.63	1 h1	Sevilla, <i>WCh</i>	21 Aug	
1.500	3:37.34	1 s1	Sevilla, <i>WCh</i>	22 Aug	
1.500	3:27.65	1	Sevilla, <i>WCh</i>	24 Aug	
3.000	7:23.09	1	Bruxelles, <i>VD/GL</i>	03 Sep	
2.000	4:53.55 +	1	Bruxelles, <i>VD/GL</i>	03 Sep	
2.000	4:44.79	1	Berlin, <i>ISTAF/GL</i>	07 Sep	<b>WR</b>

## 2000

1.500	3:22.48	1	Sevilla, <i>Dip/gp</i>	09 Jun	
1.500	3:30.75	1	Paris, <i>Gaz/GL</i>	23 Jun	
Mile	3:46.24	1	Oslo, <i>Bisl/GL</i>	28 Jul	
Mile	3:45.96	1	London, <i>Brit/GP</i>	05 Aug	
1.500	3:30.2 +	1	London, <i>Brit/GP</i>	05 Aug	
1.500	3:27.21	1	Zürich, <i>WK/GL</i>	11 Aug	
Mile	3:47.91	1	Bruxelles, <i>VD/GL</i>	25 Aug	
1.500	3:32.93 +	1	Bruxelles, <i>VD/GL</i>	25 Aug	
1.500	3:30.90	1	Berlin, <i>ISTAF/GL</i>	01 Sep	
1.500	3:38.57	1 h1	Sydney, <i>OG</i>	25 Sep	
1.500	3:37.60	1 s2	Sydney, <i>OG</i>	27 Sep	
<b>1.500</b>	<b>3:32.07</b>	<b>2</b>	<b>Sydney, <i>OG</i></b>	<b>29 Sep</b>	

## 2001

2 Miles	8:09.89 i	1	Gent	23 Feb	
3.000	7:36.85 i +	1	Gent	23 Feb	
1.500	3:37.20 i	1	Lievin	25 Feb	
3.000	8:05.50 i	1 h1	Lisboa, <i>WiCh</i>	09 Mar	
3.000	7:37.74 i	1	Lisboa, <i>WiCh</i>	11 Mar	
2.000	5:12.78 i +	1	Lisboa, <i>WiCh</i>	11 Mar	
Mile	3:49.92	1	Eugene, <i>Pre/GP</i>	27 May	
1.500	3:35.24 +	1	Eugene, <i>Pre/GP</i>	27 May	
Mile	3:44.95	1	Roma, <i>G.Gala/GL</i>	29 Jun	

1.500	3:29.85 +	1	Roma, <i>G.Gala/GL</i>	29 Jun
1.500	3:28.38	1	Paris, <i>Gaz/GL</i>	06 Jul
Mile	3:49.41	1	London, <i>Brit/GP</i>	22 Jul
1.500	3:33.2 +	1	London, <i>Brit/GP</i>	22 Jul
1.500	3:36.97	1 h1	Edmonton, <i>WCh</i>	09 Aug
1.500	3:39.54	1 s2	Edmonton, <i>WCh</i>	10 Aug
1.500	3:30.68	1	Edmonton, <i>WCh</i>	12 Aug
1.500	3:29.06	1	Zürich, <i>WK/GL</i>	17 Aug
1.500	3:26.12	1	Bruxelles, <i>VD/GL</i>	24 Aug
2.000	4:51.17	1	Berlin, <i>ISTAF/GL</i>	31 Aug
1.500	3:29.08	1	Rieti, <i>MdR/gp</i>	02 Sep
1.500	3:31.25	1	Melbourne, <i>GPF</i>	09 Sep

## 2002

Mile	3:50.89	1	Eugene, <i>Pre/GP</i>	26 May
Mile	3:50.13	1	Oslo, <i>Bisl/GL</i>	28 Jun
1.500	3:33.68 +	1	Oslo, <i>Bisl/GL</i>	28 Jun
1.500	3:40.20	1	Sheffield, <i>Norw/gp</i>	30 Jun
1.500	3:29.96	1	Paris, <i>Gaz/GL</i>	05 Jul
Mile	3:48.28	1	Roma, <i>G.Gala/GL</i>	12 Jul
1.500	3:32.80 +	1	Roma, <i>G.Gala/GL</i>	12 Jul
1.500	3:27.34	1	Monaco, <i>Her/GL</i>	19 Jul
1.500	3:26.89	1	Zürich, <i>WK/GL</i>	16 Aug
Mile	3:50.86	1	London, <i>Brit/GP</i>	23 Aug
1.500	3:35.27 +	1	London, <i>Brit/GP</i>	23 Aug
1.500	3:29.95	1	Bruxelles, <i>VD/GL</i>	30 Aug
1.500	3:30.00	1	Berlin, <i>ISTAF/GL</i>	06 Sep
1.500	3:26.96	1	Rieti, <i>MdR/gp</i>	08 Sep
1.500	3:29.27	1	Paris, <i>GPF</i>	14 Sep

## 2003

2.000	5:01.31 i +	1	Lievin	23 Feb
3.000	7:33.73 i +	1	Lievin	23 Feb
2 Miles	8:06.61 i	1	Lievin	23 Feb
3.000	7:30.23	1	Torino, <i>Neb/gp</i>	06 Jun
5.000	12:50.24	2	Ostrava, <i>GS/SGP</i>	12 Jun

1.500	3:29.76	1	Roma, <i>G.Gala/GL</i>	11 Jul
1.500	3:33.41	1	Gateshead, <i>Norw/SGP</i>	13 Jul
1.500	3:29.13	1	Zürich, <i>WK/GL</i>	15 Aug
1.500	3:42.24	1 h2	Paris, <i>WCh</i>	23 Aug
1.500	3:38.25	1 s1	Paris, <i>WCh</i>	25 Aug
1.500	3:31.77	1	Paris, <i>WCh</i>	27 Aug
5.000	13:32.88	4 h2	Paris, <i>WCh</i>	28 Aug
5.000	12:52.83	2	Paris, <i>WCh</i>	31 Aug
1.500	3:28.40	1	Bruxelles, <i>VD/GL</i>	05 Sep
Mile	3:50.20	1	Rieti, <i>MdR/GP</i>	07 Sep
1.500	3:36.22 +	1	Rieti, <i>MdR/GP</i>	07 Sep
1.500	3:36.44	1	Moskva	20 Sep

## 2004

3.000	7:34.71 i	1	Lievin	28 Feb
1.500	3:36.46	1	Zaragoza	08 Jun
1.500	3:32.68	9	Roma, <i>G.Gala/GL</i>	02 Jul
1.500	3:32.20	1	Lausanne, <i>Athl/SGP</i>	06 Jul
1.500	3:29.18	1	Heusden, <i>NA/gp</i>	31 Jul
1.500	3:27.64	2	Zürich, <i>WK/GL</i>	06 Aug
1.500	3:37.86	1 h1	Athinai, <i>OG</i>	20 Aug
1.500	3:40.87	1 s2	Athinai, <i>OG</i>	22 Aug
1.500	3:34.18	1	Athinai, <i>OG</i>	24 Aug
5.000	13:21.87	3 h1	Athinai, <i>OG</i>	25 Aug
5.000	13:14.39	1	Athinai, <i>OG</i>	28 Aug