

400 METRES - BEST 10 PERFORMANCES AVERAGE

1 43.557 Michael Johnson USA 13Sep67 185/78	43.18	1	WCh	Sevilla	26 Aug 99
	43.39	1	WCh	Göteborg	09 Aug 95
	43.44	1	FOT	Atlanta, GA	19 Jun 96
	43.49	1	OG	Atlanta, GA	29 Jul 96
	43.65	1	WCh	Stuttgart	17 Aug 93
	43.66	1	USATF	Sacramento, CA	16 Jun 95
	43.66	1 r1	Athl/GP	Lausanne	03 Jul 96
	43.68	1	FOT	Sacramento, CA	16 Jul 00
	43.68	1	WK/GL	Zürich	12 Aug 98
	43.74	1	USATF	Eugene, OR	19 Jun 93
2 43.806 Jeremy Wariner USA 31Jan84 183/70	43.45	1	WCh	Osaka	31 Aug 07
	43.50	1 r1	DNG/SGP	Stockholm	07 Aug 07
	43.62	1 r1	G.Gala/GL	Roma	14 Jul 06
	43.82	1	WK/GL	Zürich	29 Aug 08
	43.86	1	Gaz/GL	Paris	18 Jul 08
	43.91	1	Gaz/GL	Paris	08 Jul 06
	43.93	1	WCh	Helsinki	12 Aug 05
	43.98	1	Bisl/GL	Oslo	06 Jun 08
	43.99	1	Norw/SGP	London	28 Jul 06
	44.00	1	OG	Athína	23 Aug 04
3 43.976 Butch Reynolds USA 08Jun64 190/80	43.29	1 r3	WK/GP	Zürich	17 Aug 88
	43.91	2	FOT	Atlanta, GA	19 Jun 96
	43.93	1	FOT	Indianapolis, IN	20 Jul 88
	43.93	2	OG	Seoul	28 Sep 88
	44.08	1 r1	Athl/GP	Lausanne	02 Jul 97
	44.10	1	JO	Columbus, OH	03 May 87
	44.12	2	USATF	Eugene, OR	19 Jun 93
	44.13	1	NCAA	Baton Rouge, LA	06 Jun 87
	44.13	2	WCh	Stuttgart	17 Aug 93
	44.14	2 s1	FOT	New Orleans, LA	24 Jun 92
4 44.049 Quincy Watts USA 19Jun70 190/88	43.50	1	OG	Barcelona	05 Aug 92
	43.71	1 s2	OG	Barcelona	03 Aug 92
	43.83	1	WK/GP	Zürich	19 Aug 92
	43.97	1 s1	FOT	New Orleans, LA	24 Jun 92
	44.00	1	NCAA	Austin, TX	06 Jun 92
	44.13	1		Sestriere	28 Jul 93
	44.22	3	FOT	New Orleans, LA	26 Jun 92
	44.24	3	USATF	Eugene, OR	19 Jun 93
	44.43	1		Westwood, CA	09 May 92
	44.46	2	MSR	Walnut, CA	18 Apr 92
5 44.058 LaShawn Merritt USA 27Jun86 188/82	43.75	1	OG	Beijing	21 Aug 08
	43.96	2	WCh	Osaka	31 Aug 07
	43.98	1	Athl/SGP	Lausanne	02 Sep 08
	44.00	1	FOT	Eugene, OR	03 Jul 08
	44.03	1	ISTAF/GL	Berlin	01 Jun 08
	44.06	2	USATF	Indianapolis, IN	23 Jun 07
	44.12	1 s3	OG	Beijing	19 Aug 08
	44.14	3	WAF	Stuttgart	09 Sep 06
	44.23	2	Norw/SGP	London	03 Aug 07
	44.31	1 s3	WCh	Osaka	29 Aug 07