

1 MILE - BEST 10 PERFORMANCES AVERAGE

1 3:45.87 Hicham El Guerrouj	MAR14Sep 74 176/58	3:43.13	1	G.Gala/GL	Roma	07 Jul 99
		3:44.60	1	Nik/GP	Nice	16 Jul 98
		3:44.90	1	Bisl/GP	Oslo	04 Jul 97
		3:44.95	1	G.Gala/GL	Roma	29 Jun 01
		3:45.64	1	ISTAF/GP	Berlin	26 Aug 97
		3:45.96	1	Norw/GP	London	05 Aug 00
		3:46.24	1	Bisl/GL	Oslo	28 Jul 00
		3:47.10	1	Brit/GP	London	07 Aug 99
		3:47.91	1	VD/GL	Bruxelles	25 Aug 00
		3:48.28	1	G.Gala/GL	Roma	12 Jul 02
2 3:47.42 Nouredine Morceli	ALG 28Feb 70 172/62	3:44.39	1	MdR	Rieti	05 Sep 93
		3:45.19	1	WK/GP	Zürich	16 Aug 95
		3:46.78	1	ISTAF/GP	Berlin	27 Aug 93
		3:47.30	1	VD/GP	Bruxelles	03 Sep 93
		3:47.78	1	Bisl/GP	Oslo	10 Jul 93
		3:48.15	1	Bisl/GP	Oslo	05 Jul 96
		3:48.26	1	ISTAF/GP	Berlin	01 Sep 95
		3:48.64	1	Nik/GP	Nice	16 Jul 97
		3:48.67	1	GWG	Sankt Peterburg	26 Jul 94
		3:49.09	1	ISTAF/GP	Berlin	30 Aug 96
3 3:49.30 Steve Scott	USA 05May56 186/73	3:47.69	1		Oslo	07 Jul 82
		3:48.53	1	Bisl	Oslo	26 Jun 82
		3:48.73	2	Bisl/GP	Oslo	05 Jul 86
		3:49.21	1	ISTAF	Berlin	17 Aug 83
		3:49.49	1		Oslo	09 Jul 83
		3:49.68	3		Oslo	11 Jul 81
		3:49.72	1	R-W	Koblenz	25 Aug 82
		3:49.93	4	Bisl/GP	Oslo	27 Jul 85
		3:50.01	1	R-W	Koblenz	31 Aug 83
		3:50.09	5	Bisl/GP	Oslo	02 Jul 88
4 3:49.43 Steve Cram	GBR 14Oct 60 186/69	3:46.32	1	Bisl/GP	Oslo	27 Jul 85
		3:48.31	1	Bisl/GP	Oslo	05 Jul 86
		3:48.85	1	Bisl/GP	Oslo	02 Jul 88
		3:49.49	1		London	12 Sep 86
		3:49.65	1	R-W	Koblenz	29 Aug 84
		3:49.90	2		Cork	13 Jul 82
		3:49.95	3	WK	Zürich	19 Aug 81
		3:50.08	1	Bisl/GP	Oslo	04 Jul 87
		3:50.38	6		Oslo	11 Jul 81
		3:51.43	1	v USA	Gateshead	27 Jun 86
5 3:49.86 John Walker	NZL 12Jan 52 183/74	3:49.08	2		Oslo	07 Jul 82
		3:49.4	1		Göteborg	12 Aug 75
		3:49.50	4	Bisl	Oslo	26 Jun 82
		3:49.73	2	ISTAF	Berlin	17 Aug 83
		3:49.73	2	R-W	Koblenz	29 Aug 84
		3:50.01	3		Cork	13 Jul 82
		3:50.12	4	WK	Zürich	19 Aug 81
		3:50.26	4		Oslo	11 Jul 81
		3:50.27	2	WK	Zürich	22 Aug 84
3:50.58	1		Auckland	19 Mar 81		